



Women Trekking Forward Together!

This women's class will provide us with a space to network and create our journey as friends together. Come out for fun, friendship, learning, leading, sharing and activities!

This is OUR Story ... Women's Journeys

Together we will direct our path!

This Class is Available to Women With Brain Injury

Date: Starting Monday January 14th,2019 *(no classes on stat holidays)*

Time: 1030 am – Noon

Where: 1914 – 9th Ave SE

Facilitator: Trudy Hickling

To register: Contact **Trudy** at **403.681.0036**